



The Bahrain Branch of the UK Cochrane Centre, The Cochrane Collaboration  
In Collaboration with:  
Reyada Training & Management Consultancy, Dubai-UAE

## Cochrane Collaboration and Systematic Review – A hand-on Workshop, 27-29 Nov. 2007, Dubai – UAE *CME Accredited*



**DR. ZBYS FEDOROWICZ** MSc DPH BDS. LDS RCS (Eng), is a British national who graduated from the Royal Dental Hospital of London in 1971. His clinical experience has included postings in Holland & South Africa & over the last 30 years in the Middle East (UAE, Saudi Arabia & Bahrain). Currently employed as a Consultant to the MOH in Bahrain & is the Director of the Bahrain Branch of the UK Cochrane Centre & is on the Board of Directors & the Steering Group of the Cochrane Collaboration. His publications include 10 Cochrane systematic reviews. He has recently coauthored & published 2 books & has a number of publications in peer-reviewed journals. His principal research interests: the methodology of systematic reviews & in healthcare research priority setting in lower/middle income countries.



**DR. AMANI AL HAJERI** MD, MSc Medical Genetics (Scotland), B.Sc Basic Medical Sciences, Joint Board Certificate in Family Practice (ICGP) & (RCSI), Arab Board of Family & Community Medicine. She is a Bahraini clinical geneticist who graduated from the AGU. Currently is employed as a Chief resident in the Genetic Dept. of the MOH in Bahrain & is the Handsearching Program Coordinator of the Bahrain Branch of the UK Cochrane Centre. She is actively involved in producing systematic reviews in collaboration with the Cystic Fibrosis & Genetics Diseases & Heart Cochrane groups. She has a number of publications in several peer-reviewed journals. She is also a member of the editorial board of Bahrain Medical Bulletin. Her principal research interests are in the methodology of systematic reviews, the common genetic disorders in the region and in family medicine



**DR. MONA NASSER**, graduated from the Shaheed Beheshti University of Medical Sciences where she is currently a researcher & instructor in Evidence-based Dentistry. Her work also includes teaching & conducting Systematic Review in several research centers, institutes & dental schools. She is the coordinator of the Cochrane Developing Countries Network & an author in several Cochrane Review Groups. Her publications include several Cochrane Reviews & protocols & methodological studies. Her principal research interest is in healthcare research priority setting in LMIC countries & developing training programs on systematic reviews, the methodology of systematic reviews of healthcare intervention & Islamic medical history

### Key Learning Benefits:

The Cochrane Collaboration is an international organization that aims to help people make well-informed decisions about healthcare by preparing, maintaining and promoting the accessibility of systematic reviews of the effects of healthcare interventions.

This intensive three-day systematic review-training workshop will allow the participants to get acquainted with the Cochrane Collaboration and its activities as well as provide the necessary skills to contribute to this type of research.

### Workshop objectives:

- Participants be acquainted with the Cochrane Collaboration and its activities
- Participants should understand the differences between a systematic review and a traditional narrative review.
- Participants should understand the rationale for systematic reviews
- Participants understand the significance of levels of evidence represented as the 'hierarchy of evidence'
- Participants should have obtained a foundation knowledge of the steps required to conduct a systematic review in the field of health care

### Workshop Contents

- 1 Background to Systematic Reviews & the Cochrane Collaboration; Understanding systematic reviews: Anatomy of a systematic review?; What is a systematic review?; Why review systematically?; Hierarchy of evidence; Study Designs; Group Discussion: Critical Appraisal of a systematic review
- 2 Designing a Systematic Review: Identifying a relevant research question: Why set a focused question?; Components of a focused question?; Group Discussion-Designing a question for review
- 3 Which studies should we include?: Which outcome interests us & the users of the reviews?, Inclusion & exclusion criteria; Group discussion- Design inclusion & exclusion criteria for your question
- 4 Format of a systematic review; Computer session on the Cochrane library; Hand searching; Group tasks on hand searching
- 5 Finding the evidence: Search strategy: Developing a search strategy; Searching for relevant trials for systematic reviews: where, how & why?; Practical exercises on searching skill; Developing a protocol
- 6 Q&A; Registering a title; Methodological Quality of the studies; Group task – Appraise a randomized controlled trial; Practical exercise – Registering a title at a CRG online; Wrap up & Feedback

### Who should attend?

Every one involved with health care as provider, recipient or researcher. This will include consumers who are patients or people interested in a particular field of medicine, nurses, doctors and healthcare personnel.

### Attendees prerequisite

Basic skills in using the computer or internet, (Help will be provided whenever necessary) and English language knowledge.

**Instruction Language:** English

### Workshops Venue

**Dubai women's Association**  
P.O. Box 1704,  
Dubai - United Arab Emirates.  
Location: Deira, Opposite  
Dubai Hospital.  
Tel.: +971-4-2662737

#### Event

<> Cochrane Collaboration & Systematic Review Workshop

*(Fees Include documentations & handouts, Certificate of attendance, Lunch Buffet, and refreshments)*

#### Date

27-29/11/2007

#### Price

4850 AED

## Six Easy Ways to Register

**Online:** <http://www.rt.ae/RegistrationForm.htm>

Via **Fax:** +971-4-2686556

Send **SMS** to +971-50-5539665 to call you back.

Via **Email:** [info@rt.ae](mailto:info@rt.ae)

Via **Tel:** +971-4-2686446

Via **Mail:** P.O.Box 5621, Dubai, UAE

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### Payment Methods

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### Important Notice:

Kindly be informed that the event schedule,  
agenda and venue could be altered. Please  
refer to <http://www.rt.ae> for the latest